



020 3228 5980

Open 9am-11pm 365 days a year

The SLP CAMHS Crisis Line is an urgent mental health helpline for all children and young people in South London (and accepts calls from parents/carers and professionals). The line is operated by NHS trained child and adolescent mental health practitioners and advisors who provide crisis counselling and mental health support.

Outside of these hours young people and adults can access urgent mental health advice by contacting

111 then pressing option 2



South London NHS crisis WhatsApp text service
*available for people of any age



0303 330 1511

here for you 24/7, 365 days a year

If you live in South London, you can now message on WhatsApp to receive free and confidential text-based mental health crisis support.

Every conversation for this service is handled by a trained team member, no bots or AI.

You'll always be interacting with a real person who is there to listen and support you.

SAMARITANS

Call us free 24/7 on

116 123

[samaritans.org](https://www.samaritans.org)

childline

ONLINE, ON THE PHONE, ANYTIME
[childline.org.uk](https://www.childline.org.uk) | 0800 1111

0800 1111

In a physical or mental health emergency call
(if you are concerned someone is an immediate danger to themselves or others)

999

For other mental health resources please visit our Student Mental Health Hub Webpages
www.wimbledoncollege.org.uk/healthyminds