



KS5

Doing

- Visit the Freud Museum in London

<https://www.freud.org.uk/>

- Visit the Natural Science Museum for exhibitions on Human Biology

<http://www.nhm.ac.uk/visit/galleries-and-museum-map/human-biology.html>

- The link below has some other possible destinations that you might be interested in, all here in London.

<https://www.harleytherapy.co.uk/counselling/london-psychotherapy-museums-libraries.htm>

- Visit the British Psychology Society page

<http://www.bps.org.uk/>

- Research well known psychologists and approaches in Psychology and produce a fact page on each one:

- Sigmund Freud (Psychoanalysis)
- Skinner and Harlow (Learning Theory)
- Albert Bandura (Social Learning Theory)
- Wilhelm Wundt
- J.B Watson
- Solomon Asch
- Philip Zimbardo
- Mary Ainsworth
- John Bowlby

- Get involved with the 'Mind Matters' initiative run by the school.
- Visit the welcome collection website to find out about current exhibitions e.g Exhibition on Bedlam (a history of mental health) at the Wellcome Trust visited by students last year.

<https://wellcomecollection.org/>



Watching and Listening

- Watch some of the films listed below which explore issues surrounding mental health and psychological disorders.
- A Beautiful Mind (mental health)
- Girl Interrupted (mental health)
- Memento (memory)
- The Notebook (Amnesia)
- Reign Over Me (post-traumatic stress disorder)
- 12 Angry Men (Social Psychology)
- Black Swan
- Eternal Sunshine of the Spotless Mind

Reading

- Visit the psychology today website and perhaps subscribe to the magazine.

<https://www.psychologytoday.com/gb>

- Choose a couple of non-fiction books from the list below.
- Thinking Fast and Slow by Daniel Kahneman
- Obedience to Authority by Stanley Milgram
- Psychology of Attitude Change and Social Influence by Phillip Zimbardo
- The Invisible Gorilla: And Other Ways Our intuitions Deceive Us by Christopher Chabris and Daniel Simons
- Read some fiction from the list below. Describe the issues related to psychology that are explored by the book.
- Lord of the Flies by William Golding
- We Need To Talk About Kevin by Lionel Shriver
- We Are All Completely Beside Ourselves by Karen Joy Fowler
- Read through the article below to find out about different types of careers in psychology and the steps you might need to take to get there.

<http://www.aqabpsychology.co.uk/files/seefiles/Psychology%20Career%20Information.pdf>



Further Reading

- The Lucifer effect – Dr Philip Zimbardo
- Bad Science – Dr Ben Goldacre
- The Social Animal – David Brooks
- Opening Skinner’s Box - Lauren Slater
- Rationality - Stuart Sutherland
- Predictably Irrational – Dr Dan Ariely
- ‘Breakdown: A personal crisis and medical dilemma’ - Stuart Sutherland
- The man who mistook his wife for a hat’ - Oliver Sacks
- Psychology and Crime -Putwain and Sammons
- ‘The Jigsaw Man’ - Paul Britton
- The Honest Truth About Dishonesty- Dr Dan Ariely
- Welcome to Your Brain - Sandra Aamodt & Sam Wang
- The boy who couldn’t stop washing - Judith Rapoport
- The man who loved a polar bear & other psychotherapist’s tales - Robert Akeret
- The Serial Killers: A Study in the Psychology of Violence - Colin Wilson and Donald Seaman
- The Psychopath test – Jon Ronson