



Week	Y7	Y8	Y9	Y10	Y11
1	PSHE 1 Introduction to PSHE	PSHE 1 Introduction to PSHE	PSHE 1 Introduction to PSHE	PSHE 1 Introduction to PSHE	PSHE 1 Introduction to PSHE
2	PSHE 2 Respecting others and their opinions	PSHE 2 Target setting	PSHE 2 Reflecting on the Jesuit Pupil Profile	PSHE 2 Reflecting on the Jesuit Pupil Profile	PSHE 2 Reflecting on the Jesuit Pupil Profile
3	SAFEGUARDING 1 - Defining sexual harassment and consent	SAFEGUARDING 1 - Defining sexual harassment and consent	SAFEGUARDING 1 - Defining sexual harassment and consent	SAFEGUARDING 1 - Defining sexual harassment and consent	SAFEGUARDING 1 - Defining sexual harassment and consent
4	PSHE 3 Target setting	PSHE 3 Developing study skills	PSHE 3 Developing study skills	PSHE 3 What is positive masculinity?	PSHE 3 What is positive masculinity?
5	PSHE 4 Ensuring you travel safely	PSHE 4 Reflecting on Jesuit Pupil Profile	PSHE 4 What is positive masculinity?	PSHE 4 How to budget your finances	PSHE 4 How to tackle discrimination
6	SAFEGUARDING 2 - Recognising child sexual exploitation and child criminal exploitation	SAFEGUARDING 2 - Recognising child sexual exploitation and child criminal exploitation	SAFEGUARDING 2 - Recognising child sexual exploitation and child criminal exploitation	SAFEGUARDING 2 - Recognising child sexual exploitation and child criminal exploitation	SAFEGUARDING 2 - Recognising child sexual exploitation and child criminal exploitation
7	PSHE 5 What is the Jesuit Pupil Profile?	PSHE 5 What is positive masculinity?	PSHE 5 Understanding discrimination and how to report it	PSHE 5 The dangers of gambling	PSHE 5 Understanding post 16 pathways
8	RSE 1a Our Core Identity- Understanding we are all unique and loved by God	RSE1a Created and Chosen- Understanding our core identity	RSE1a The Search for Love- Understanding sexual attraction and intimacy	RSE1a Authentic Freedom- Understanding that sex is worth waiting for	RSE1a Self Worth- Recognising people have innate dignity and deserve respect
9	RSE 1b Our Core Identity- Understanding we are unique and loved by God.	RSE1b Created and Chosen- Understanding our core identity	RSE1b The Search for Love- Understanding sexual attraction and intimacy	RSE 1b Authentic Freedom- Understanding that sex is worth waiting for	RSE1b Self Worth- Recognising people have innate dignity and deserve respect
10	RSE 2a Puberty- Physical emotional and sexual development	RSE2a Appreciating Difference- Understanding and appreciating male and female differences	RSE2a Love People Use Things- Understanding objectification	RSE2a Self Image- Appreciating and valuing our bodies	RSE2a Addiction- Learning to cope with the pull of short-term highs.



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11	RSE 2b Puberty- Physical emotional and sexual development	RSE2b Appreciating Difference- Understanding and appreciating male and female differences	RSE2b Love People Use Things- Understanding objectification	RSE2b Self Image- Appreciating and valuing our bodies	RSE2b Addiction- Learning to cope with the pull of short-term highs.
12	RSE 3a Self Esteem- Considering the impact of self-esteem and how it can be nurtured	RSE3a Feelings- Managing our feelings using self-control, self respect and patience	RSE 3a In Control of My Choices- Choosing to delay sexual intimacy	RSE 3a Values, Attitudes and Beliefs- Building confidence, integrity and understanding	RSE3a Eating Disorders-How pressure, stress and anxiety can contribute to poor emotional health
13	RSE 3b Self Esteem- Considering the impact of self-esteem and how it can be nurtured	RSE3b Feelings- Managing our feelings using self-control, self respect and patience	RSE 3b In Control of My Choices- Choosing to delay sexual intimacy	RSE 3b Values, Attitudes and Beliefs- Building confidence, integrity and understanding	RSE3b Eating Disorders-How pressure, stress and anxiety can contribute to poor emotional health
14	SAFEGUARDING 3 - What is peer on peer abuse?	SAFEGUARDING 3 - What is peer on peer abuse?	SAFEGUARDING 3 - What is peer on peer abuse?	SAFEGUARDING 3 - What is peer on peer abuse?	SAFEGUARDING 3 - What is peer on peer abuse?
15	RSE 4a Where We Come From- Introducing sexual intercourse	RSE4a Before I Was Born- Life in the Womb	RSE4a Fertility and Contraception- Methods of contraception	RSE4a Parenthood- The responsibility of a lifetime	RSE4a Birth Control- Developing an understanding of birth control
16	RSE 4b Where We Come From- Introducing sexual intercourse	RSE4b Before I was Born- Life in the Womb	RSE4b Fertility and Contraception- Methods of contraception	RSE4b Parenthood- The responsibility of a lifetime	RSE4b Birth Control- Developing an understanding of birth control
17	RSE 5a- Relationships- Reflecting on different types of relationships (friends and family)	RSE5a Tough Relationships- Living with tolerance, kindness and forgiveness	RSE5a Marriage- Different types of committed relationships	RSE 5a Abuse- Understanding what constitutes abuse in relationships	RSE4a Pornography- Developing an understanding of issues relating to pornography
18	RSE 5b Relationships- Reflecting on different types of relationships (friends and family)	RSE5b Tough Relationships- Living with tolerance, kindness and forgiveness	RSE5b Marriage- Different types of committed relationships	RSE 5b Abuse- Understanding what constitutes abuse in relationships	RSE4b Pornography- Developing an understanding of issues relating to pornography
19	RSE 6a Online Lives- Safeguarding our online lives	RSE6a Think Before You Share- Online safety	RSE 6a One Hundred Percent- Showing respect, using consent	RSE 6a Solidarity- Standing in solidarity with the poor marginalised and oppressed	RSE 4a STIs - The reality of STIs



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20	RSE 6b Online Lives- Safeguarding our online lives	RSE 6b Think Before You Share- Online safety	RSE 6b One Hundred Percent- Showing respect, using consent	RSE 6b Solidarity- Standing in solidarity with the poor marginalised and oppressed	RSE 4b STIs - The reality of STIs
	RSE 7 Living Responsibly- Taking responsibility for our actions and understanding 'social responsibility	RSE 7 Wider World- Recognising and challenging discrimination	RSE 7 Knowing My Rights and Responsibilities- The reality of sexual exploitation	RSE 7 Truth and Lies- The impact of pornography in society (Cinema in Education)	RSE 7 Coercive Control- Recognising the simultaneous differences and connections between rape, victim blaming, coercive control, sexism and misogyny.
21	SAFEGUARDING 4 - Ensuring online safety	SAFEGUARDING 4 - Ensuring online safety	SAFEGUARDING 4 - Ensuring online safety	SAFEGUARDING 4 - Ensuring online safety	SAFEGUARDING 4 - Ensuring online safety
22	MENTAL HEALTH - - Destigmatizing mental health	MENTAL HEALTH - Destigmatizing mental health	MENTAL HEALTH - Destigmatizing mental health	MENTAL HEALTH Destigmatizing mental health	MENTAL HEALTH - Destigmatizing mental health
23	PSHE 6 Introduction to careers	PSHE 6 Understanding the effects of smoking and alcohol	PSHE 6 Making healthy lifestyle choices	PSHE 6 Assessing you career strengths	PSHE 6 Refining your revision techniques
24	PSHE 7 Developing a growth mindset	PSHE 7 Where can you find positive influences?	PSHE 7 What career pathways could I take?	PSHE 7 How to present yourself during work experience	PSHE 7 Why is some stress good for you?
25	SAFEGUARDING 5 - Prevent strategy, anti-terrorism	SAFEGUARDING 5 - Prevent strategy, anti-terrorism	SAFEGUARDING 5 - Prevent strategy, anti-terrorism	SAFEGUARDING 5 - Prevent strategy, anti-terrorism	SAFEGUARDING 5 - Prevent strategy, anti-terrorism
26	PSHE 8 Essential first aid skills	PSHE 8 Developing career skills	PSHE 8 Developing your career skills	PSHE 8 What is fraud?	PSHE 8 Ensuring you are exam ready - top tips
27	SAFEGUARDING 6 - Signs of abuse - FGM	SAFEGUARDING 6 - Signs of abuse - FGM	SAFEGUARDING 6 - Signs of abuse - FGM	SAFEGUARDING 6 - Signs of abuse - FGM	SAFEGUARDING 6 - Signs of abuse - FGM
28	PSHE 9 Being aware of the dangers of media piracy	PSHE 9 What is meant by equality at work?	PSHE 9 GCSE and post 16 options	PSHE 9 Keeping your personal data safe	PSHE 9 Why screening is important
29	MENTAL HEALTH - Looking after my own mental health & Supporting a friend with their mental health	MENTAL HEALTH - Looking after my own mental health & Supporting a friend with their mental health	MENTAL HEALTH - Looking after my own mental health & Supporting a friend with their mental health	MENTAL HEALTH - Looking after my own mental health & Supporting a friend with their mental health	MENTAL HEALTH - Looking after my own mental health & Supporting a friend with their mental health



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30	PSHE 10 Financial decision making	PSHE 10 What is discrimination?	PSHE 10 How to manage your online brand	PSHE 10 What does effective revision look like?	PSHE 10 Emergency first aid techniques
31	PSHE 11 Maintaining a healthy lifestyle; understanding food types.	PSHE 11 Enterprise challenge activity	PSHE 11 How to manage peer influence	PSHE 11 Health and safety in the workplace	
32	PSHE 12 Teenage physical changes	PSHE 12 How to revise	PSHE 12 The dangers of substance misuse	PSHE 12 Understanding the impact of drug abuse	
33	PSHE 13 Being careful with caffeine	PSHE 13 How to stay safe when gaming online	PSHE 13 Making good choices - being aware of 'gang culture'	PSHE 13 How to manage the risk of gangs	
34	PSHE 14 Celebrating diversity in our community	PSHE 14 The pros and cons of social media	PSHE 14 Why is knife crime such a problem?	PSHE 14 What does it mean to be inclusive?	
35	PSHE 15 How do we tackle discrimination?	PSHE 15 What is cybercrime?	PSHE 15 Building positive relationships in the home	PSHE 15 What is the Equality Act?	
36	PSHE 16 What is positive masculinity?	PSHE 16 Developing digital resilience	PSHE 16 How to resolve conflict	EXAM WEEK	
37	EXAM WEEK	EXAM WEEK	EXAM WEEK	PSHE 16 How to tackle discrimination	